

KROC CENTER

Monthly Program Schedule

Kroc Center Operating Hours

version 9.9.11

Regular Hours:

MON.-FRI. 5am-10pm
 SATURDAY 7am-6pm
 SUNDAY 1pm-6pm

Worship Service:

SUNDAY SCHOOL9:45am
 SUNDAY SERVICE11am

Aquatics Hours:

MON.-FRI. 5am-3pm
 3:30pm-8pm
 SATURDAY7am-5:30pm
 SUNDAY 1pm-5:30pm

How to Register:

To register for classes, call 706.364. KROC (5762) or visit us at:

1833 Broad Street
 Augusta, Ga 30904

GYM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GYM CLOSED until 1pm	OPEN GYM 8am-11am	OPEN GYM 8am-11am	OPEN GYM 8am-11am	OPEN GYM 8am-11am	OPEN GYM 8am-11am	
	Organized Sports 11am-1pm	Organized Sports 11am-1pm	Organized Sports 11am-1pm	Organized Sports 11am-1pm	Organized Sports 11am-1pm	
OPEN GYM 1pm-6pm	OPEN GYM 1pm-5:30pm	OPEN GYM 1pm-5:30pm	OPEN GYM 1pm-5:30pm	OPEN GYM 1pm-5:30pm	OPEN GYM 1pm-10pm	OPEN GYM 7am-6pm
GYM CLOSED at 6pm	C.M.F.A. Sports 6pm-10pm	Men's League: Basketball 6pm-10pm	Mixed League: Volleyball 6pm-10pm	Men's League: Futsal 6pm-10pm		

KROC CENTER
 AUGUSTA



DOING THE MOST GOOD

Home School Activities:

Tuesday - Friday

9am-11am

Report to the Gym

*This guide is subject to change. For more information, stop by the welcome desk, or visit www.KrocAugusta.org

Aquatics Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aquatics Center Closed Until 1:00pm	Hydrofit & Trek 9am	River Trek 9am	Hydrofit & Trek 9am	Zumba 9am	Hydrofit & Trek 9am	
	Deep Water X 10am	Aqua Senior 10am	Deep Water X 10am	Aqua Senior 10am	Deep Water X 10am	
	Yoga Afloat 10:30am		Yoga Afloat 10:30am		Yoga Afloat 10:30am	
	Closed from 3-3:30pm	Closed from 3-3:30pm	Closed from 3-3:30pm	Closed from 3-3:30pm	Closed from 3-3:30pm	
	Zumba 4pm					
		River Trek 5:30pm		River Trek 5:30pm		
Aquatics Center Closed at 5:30pm						Aquatics Center Closed at 5:30pm

*Please see pool schedule for specific recreational and lap times.

Children & Youth

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Mothers Morning Out 9am-11am		Junior Fitness 9am-10am

Monthly Events:

Kids Night Out	Friday 9/2	6pm-10pm
Teen Night Out	Friday 9/9	6pm-10pm
Family Night Out	Friday 9/30	6:30pm-9:30pm
Day Camps	9/5, 9/14, 9/15	TBA

Child Watch Hours:

MON.-FRI. 8am-1pm
 3pm-8pm
SATURDAY8am-1pm
SUNDAY 1pm-4pm

Coming in October:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Mothers Morning Out 9am-11am	Craft Corner 9am-10am	Mothers Morning Out 9am-11am	Story Time 9am-10am	Junior Fitness 9am-10am

Fitness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		BODYPUMP 6am		BODYPUMP 6am		BODYCOMBAT 8:00am
	BODYSTEP 8:30am	BODYPUMP 8:30am	BODYVIVE 8:30am	BODYPUMP 8:30am		BODYPUMP 9:00am
	BODYFLOW 9:30am	BODYCOMBAT 9:30am	BODYPUMP 9:30am	BODYCOMBAT 9:30am	BODYPUMP 9:30am	BODYFLOW 10:00am
	ZUMBA 10:30am		BODYSTEP 10:30am	BODYFLOW 10:30am	Renewal Yoga 10:30am	ZUMBA 11:00am
BODYPUMP 3:00pm					Introductory Tai Chi 11:30am	
	BODYSTEP 4:30pm	BODYFLOW 4:30pm		BODYPUMP 4:30pm		
	BODYPUMP 5:30pm	BODYVIVE 5:30pm	BODYPUMP 5:30pm	BODYCOMBAT 5:30pm	BODYCOMBAT 5:30pm	
	BODYFLOW 6:30pm		ZUMBA 6:30pm			

RPM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			RPM 6am			RPM 8:00am
	RPM 8:30am				RPM 8:30am	
		RPM 9:30am		RPM 9:30am		
			RPM EXPRESS Noon			
RPM 1:45pm			RPM 4:30pm			
	RPM 5:30pm	RPM 5:30pm		RPM 5:30pm		

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Arts

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Kindermusik 11am-12pm Ages: 2-4yrs		Childrens Photography 4:00pm-5:00pm Ages: 9-12yrs		Creative Drama 11am-12pm Ages: 6-8yrs
	Sr. Intro to Ballroom 1pm-2pm Ages: 62+			Creative Movement 4:30pm-5:15pm Ages: 5-8yrs		Kindermusik 11am-12pm Ages: 5-7yrs
	Young Artists 4:30pm-5:30pm Ages: 3-5yrs			Intro to Ballroom 4:30pm-5:30pm Ages: 6-8yrs		Just Dance 11am-12pm Ages: 18+
	Drama 4:30pm-5:30pm Ages: 9-12yrs	Intro to Drawing 4:30pm-5:30pm Ages: 15-17yrs	Mixed Media 5:00pm-6:00pm Ages: 6-8yrs	Intro. to Painting 4:30pm-5:30pm Ages: 15-17yrs		Intro to Painting 11am-12pm Ages: 9-12yrs
	Pottery Kids 5:30pm-6:30pm Ages: 6-8yrs	Intro to Drawing 5:30pm-6:30pm Ages: 18+	Hip Hop Techno 5:30pm-6:30pm Ages: 12+	Intro. to Dance 5:15pm-6:15pm Ages: 9-12yrs		Hip Hop 12pm-1pm Ages: 9-13yrs
	Mixed Media 5:30pm-6:30pm Ages: 9-12yrs	Intro to Photography 5:30pm-6:30pm Ages: 13-17yrs	Fundamental Digital Photography 5:30pm-6:30pm Ages: 18+	Intro to Ballroom 5:30pm-6:30pm Ages: 9-12yrs		West African Music & Dance 2:30pm-3:30pm Ages: 6-12yrs
	Just Dance 6:30pm-7:30pm Ages: 18+	West African Dance 6:30pm-7:30pm Ages: 14+	Painting & Drawing 6pm-7pm Ages: 9-12yrs	Acting for Teens 5:30pm-6:30pm Ages: 13-17yrs		
	Intro to Drumming 6:30pm-7:30pm Ages: 16+		Acting for Adults 6:30pm-7:30pm Ages: 18+	Creative Writing 5:30pm-6:30pm Ages: 15+		
	Adult Pottery- Ceramics 6:45pm-8pm Ages: 16+			Intro. to Painting 5:30pm-6:30pm Ages: 18+		

Coming in October:

Simple Cooking with Four
Ingredients

Scrapbooking At
the Kroc Center

Red Cross Babysitting
Course

Education Classes:

Kroc Center Philospohy Club 3rd Wednesday 7pm-8pm

Kroc Book Club 4th Wednesday 6:30pm-8pm

Crafters Night Mondays 6pm-8pm

Business By The Book 1st Thursday 11:30am-1pm

Arts Offered In Partnership with:



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Senior Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Golden Agers 9am-Noon	* Living Well 8am-11am	A Bite of Health 9am-11am	Medicare Q&A 9am-Noon	Bingo 9am-10:30am	
			Social Hour 11am-Noon		Tai-Chi 11:30am-12:30pm	
	Community Resource Time 1pm-3pm	Social Hour 1pm-2pm	Community Resource Time 1pm-3pm	Social Hour 1pm-2pm		
		* Powerful Tools for Caregivers 2pm-5pm		Computers for Seniors 2pm-4pm	Bunco 12:30pm-2pm	
	Computers for Seniors 3pm-4pm		Social Hour 3pm-4pm		Social Time 2pm-2:30pm	
		Alzheimer's Support Group 6pm-8pm			Bridge 2:30pm-4pm	

Senior Programs offered
in partnership with:

Monthly Senior Classes:

Life Skills for Seniors ••• Wednesday 9/21 ••• 3pm-5pm

* Registration Required



Answers.Action.Advocacy

The Salvation Army School of Performing Arts

5:00- 5:50

6:00- 6:50

7:00- 7:50

Brass Instruction

Brass Instruction

Brass Instruction

Piano Lab

Piano Lab

Piano Lab

Drum Class

Drum Class

Drum Class

Guitar Class

Guitar Class

Guitar Class

Vocal Techniques/Choir

Vocal Techniques/Choir

Vocal Techniques/Choir

Every
Tuesday
Night

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