

Senior Schedule

Jan - May 2012



Seniors

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Pricing
Golden Agers	9am- Noon				12:30-4:30pm			FREE
Open Computer Time		All Day			All Day			FREE
Computers for Seniors				2-4pm				FREE
Computers For Seniors: Learning the Internet	2-4pm							FREE
Social Hour		1-2pm		1-2pm				FREE
Computer Lab			11am-12pm					FREE
Game Time					10-11:30am			FREE
Medicare & You			1-3pm	9am-12pm				FREE
Sit to be Fit					12:30-1:30pm			FREE
Powerful Tools for Caregivers		2-5pm						FREE

Seniors Special Events

Date	Class	Time	Pricing
1st Thursday of the Month	Alzheimer Support Group	10-11:30am	FREE
Mondays Jan. 9th & 30th	Living Well	9am- Noon	FREE-Registration Required
Saturday Jan. 14th - Feb. 18th	Living Well	9am- Noon	FREE-Registration Required
Mondays Feb. 13th & 27th	Living Well	9am- Noon	FREE-Registration Required
March 14th	Mental Health Resources for Seniors		FREE